

## **Did you know? Dial 2-1-1 for Crisis and Life Resources**

Did you know that dialing the 2-1-1 telephone number can provide you with quick information and referrals to health and human service organizations?

2-1-1 provides free and confidential information on where to obtain assistance from local and national social service programs, local and national governmental agencies and local and national non-profit organizations.

Most communities have a 2-1-1 call center and many are open 24/7 and can refer you to organizations that provide services in areas such as: Addiction counseling, Affordable Housing, Child care, Debt counseling, Disaster relief, Emergency food (such as food banks and soup kitchens), Financial assistance, Homeless services, Parenting programs, Suicide prevention, Youth programs, Education, Senior Services, etc.