

Talk to Doctors Anytime You Need Them



Use PhysicianNow® Powered by MDLive when it's not an emergency, and you can't get to a doctor's office. **And you'll typically pay less than you would for a visit to the office or urgent care clinic.**

Use PhysicianNow for things like:

- › Allergies, cold, fever and flu
- › Sinus or respiratory issues
- › Skin conditions (rashes or insect bites)
- › Certain pediatric conditions
- › Urinary tract infections
- › Constipation or diarrhea
- › Earaches
- › Nausea and vomiting
- › Pink eye

How do I use PhysicianNow?

You can talk with a doctor using your phone, online video chat, or the mobile app.

It's easy to get started.

Register for PhysicianNow by logging in to your BlueAccessSM account at bcbst.com/member and clicking **Talk With a Doctor Now**. Or call **1-888-283-6691**.

Once you register, you can use it anytime. You can also download the app from the App Store[®] or Google Play[®]. Search for PhysicianNow, one word.



Have your BlueCross Member ID card with you — your doctor will need information from it.

